



## Level 3 BTEC Sport

Exam Board: Edexcel

Contact teachers: Mr R Bentley

### Why study BTEC Sport?

The BTEC Level 3 Extended Certificate in Sport offers learners the opportunity to develop a range of techniques, personal skills and attributes essential for successful performance in working life. This course is ideal for those learners who are looking to build a career in one of the sporting sectors or to progress to further education within the field of sport. The course is a mixture of exam, synoptic assessment and coursework and is fully recognised by employers and further education establishments.

### Course details

#### Year 12

Students will complete 2 units, the units of work include:

Principles of Anatomy and Physiology in Sport	Focussing on how the body functions and performs in sporting activities	100% exam
Fitness testing and training	This unit looks at the different fitness tests, training methods and lifestyle factors	100% synoptic assessment

#### Year 13

Students will complete 2 units, the units of work include:

Sports Psychology	This unit looks at the importance of the mind in sports performance and how athletes use their knowledge of this to aid performance	100% coursework
Sports development	This unit looks at the sports industry and how sport is structured and developed in our country.	100% Coursework

### How is the course taught and assessed?

Students will build on experience from GCSE PE to enhance their knowledge and increase their understanding of factors that affect performance and participation in sport. The course is taught in a variety of methods ranging from classroom to practical based lessons. Some units will also involve linking with local sporting clubs and centres. The course is assessed using the Pass (C), Merit (B) and Distinction (A) criteria.

### Entry Requirements

Students are required to achieve the standard College entrance requirements including a 9-4 in GCSE PE.

### Career routes and popular combinations

Students who follow the Level 3 BTEC often move onto further education courses such as Sports Science, Physiotherapy and PE teaching. Students may also choose to go down the public services route or go into sports coaching careers.