

18 December 2025

Dear Parent/Carer,

**RE: Talk Consent: Assembly (Year 7-9) & workshops (Year 10&12) - 19 January & 23 January 2026**

We are committed to providing high-quality Relationships and Sex Education that helps students develop respect, empathy, and an understanding of healthy relationships. As part of this commitment, Midhurst Rother College is excited to welcome back Talk Consent to deliver important sessions to our students. Talk Consent will be visiting the school on 19 January and 23 January 2026. During these dates, they will deliver an assembly for Years 7–9 and run targeted workshops for Year 10 and Year 12.

Sexual violence is a serious issue, particularly among young people, and education plays a vital role in tackling this problem. These sessions will help students understand the importance of consent, challenge harmful attitudes, and promote positive, respectful relationships. Topics will include the right to safe and healthy relationships, the impact of sexual violence, and how to ensure consent is clear and respectful.

**About Talk Consent**

Talk Consent is a nationally recognised organisation that provides age-appropriate, engaging education designed to prevent sexual violence. Their sessions are interactive, relatable, and delivered by trained facilitators who create a safe environment for discussion. They have worked with over 325 schools across England and are trusted for their effective approach.

**Year 7 - 9 Consent Assembly (19 January 2026)**

During this assembly, the focus is on helping students understand the importance of boundaries and empowering them to uphold their own. The meaning of consent is introduced in an age-appropriate way.

This consent assembly covers:

- What personal boundaries are.
- How we can communicate assertively versus passively or aggressively and why that is important.
- What consent means.
- How someone might be affected if something is done without their consent and how they can receive support if that happens.

### **Year 12 Consent Workshops (19 January 2026)**

This workshop helps students understand how relationships and sexual activity are not about "getting consent", but about ensuring equal positivity. Talk Consent facilitate discussions around how we can aim for that.

This workshop covers:

- Going beyond legal consent and making sure any sexual activity is safe and a positive experience for everyone involved.
- How we can prioritise safety, care, respect, and communication in relationships & sexual activity.
- How communication might work in reality as well as the importance of being attentive to a partner.

### **Year 10 Active Bystander Workshops (26 January 2026)**

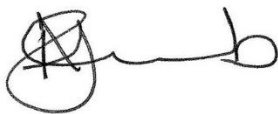
This workshop is focused on understanding and tackling attitudes & beliefs that lead to sexual abuse, with a particular focus on misogyny and sexual harassment.

The workshop will cover:

- The prevalence of sexual harassment amongst young people.
- The impact of sexual harassment on victims.
- The negative impact sexual harassment and sexism can have on cultures and friendship groups.
- How we can challenge it when we see it.

As a school community, we are committed to working in partnership with parents. If you would like to find out more or discuss any concerns, please do not hesitate to contact me on: [ashley.lamb@mrc-academy.org](mailto:ashley.lamb@mrc-academy.org)

Yours sincerely,

A handwritten signature in black ink, appearing to be 'Ashley Lamb', written in a cursive style.

Mr Ashley Lamb  
Subject Lead - PSHE