

## MRC Year 8 Mental health Ambassador Recruitment

Our school is recruiting for our Mental Health Ambassador programme, giving selected year 8 students the chance to help promote wellbeing across the school

- Meet regularly to share ideas and feedback
- Take part in projects such as supporting Year 6/7 transition
  - Contribute to events like Hello Yellow day
  - Create displays
  - Fundraising activities

If your child is interested in taking part, please ask them to sign up using the QR code on the poster or at the link below

[https://forms.office.com/Pages/  
ResponsePage.aspx?](https://forms.office.com/Pages/ResponsePage.aspx?)

[id=faTnVVu\\_D0asCx3EslIaxW0TG3tW7TRBmMJbsnlYgX  
BUQ0VCWIJDMzNRS0FBWlg1R1VaUTFFUVRPRC4u](https://forms.office.com/Pages/ResponsePage.aspx?id=faTnVVu_D0asCx3EslIaxW0TG3tW7TRBmMJbsnlYgX_BUQ0VCWIJDMzNRS0FBWlg1R1VaUTFFUVRPRC4u)

# Mental Health Ambassadors



- Promote wellbeing in your school
- Meet every few weeks
- Share your ideas
- Take part in projects



- Project examples:
- Year 6/7 transition support
  - Hello Yellow week
  - Bake sales
  - Sharing difficulties faced in school
  - Display board/posters

### Training:

**Monday 16th March,  
Periods 5-6  
&  
Monday 24th March,  
Periods 5-6**

**CLICK OR SCAN  
BELOW BY 9TH  
MARCH TO SIGN UP:**

