

SUMMER: 40 QUICK THINGS TO DO

Here is a list of 40 possible things that you can do whilst over the Summer break. Pick and choose from the list below or come up with your own activities. The main thing is to have fun whilst keeping yourself and others safe.

Outdoors

1. Gardening - Dig a vegetable patch, tend to the flowers and root out weeds
2. Create a time capsule and bury it in the garden – ask for permission first

indoors

3. In-house orienteering – write instructions for another member of your family to get from point A to B
4. Enjoy a board game – bring people together with Monopoly, Connect 4, cards etc. or make one up
5. Design a presentation on a subject you are interested in and deliver it to your family
6. Start a topic book on a subject you either like, know nothing about or want to know about
7. Do some housework. Why should parents have all the fun. Start by spring cleaning your bedroom
8. Complete a jigsaw puzzle

Stay fit, take exercise (warm up properly and do not take unnecessary risks)

9. Re-visit the Joe Wicks PE lessons
10. Get some exercise – go out for a bike ride, a run or a walk 30 minutes everyday
11. Develop your core strength and hold a plank position for a minute, then two etc.
12. Tone your body and complete the 100-day challenges for push ups and sit ups
13. Take part in an online exercise class

Art and culture

14. Go on a virtual tour of a museum or a national park
15. Watch a live streaming event: This might include a concert or a comedy routine
16. Learn to draw
17. Make your own comic book
18. Learn a language
19. Learn to count to 10 in 10 languages

Wired for sound

20. Discover a new podcast
21. Karaoke – find a lyric version of your favourite song and express yourself
22. Learn how to play the spoons <https://www.youtube.com/channel/UCPETY6-6NCMqoWneLosBZ2A>

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Brain power

23. Brush up on your trivia knowledge by finding online quizzes and using quiz apps
24. Do Sporcle quizzes until you know the capital of every country in the world

Culinary skills (Ask for help and permission - health and safety are a must in a kitchen)

25. Become a master chef or a star baker

A reader lives a thousand lives

26. Read a book or an e-book – there are loads online
27. Tune in to hear a bedtime story read by David Walliams and other celebrities

Boldly go where no person has gone before

28. Discover the night sky
29. Log on to the Royal Observatory and see what online delights they have

It's good to talk

30. Send emails to charities you'd like to volunteer for, ready for when you can
31. Send your friends 3 things about them that you miss
32. Call or video chat with an older relative
33. Learn sign language
34. Learn semaphore – communicate messages to your neighbours and friends. Keep it clean
35. Read your MP's manifesto promises, write them a letter

A better you

36. Who do you think you are? Start digging into your ancestry
37. Revisit your younger years and get back into ballet or another hobby you may have decided to let go of
38. Learn how to code in four hours: <https://www.youtube.com/watch?v=rfscVS0vtbw>
39. Learn how to knit and make something for a loved one

School? What's that?

40. Get ahead and stay ahead – catch up on some schoolwork (all in moderation)

**Have fun, keep yourself and others safe.
Check out our Summer Virtual Insanity List for even more ideas and direct links**