

Teens, anxiety and their phones!

Huge stress points for us all, as parents, carers and students!
Does one cause the other, are they related, should my teen have a phone at all?

This 40-minute presentation brings together the latest research on these topics, where governments and schools are ultimately heading, this session will give you as parents/carers ideas to try or discuss.

This is expected to be busy so please book, it's free, using the link below, and secure your seat for this important information evening.

[Booking Form HERE](#)

Wednesday 23rd October

7pm

Midhurst Rother College



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