



Independent Learning termly plan – Summer

Week commencing	Topic area	Task description/link	Due date	Recovery curriculum ragging (KS4+5)
Week B	2.4.1 Mental preparation for performance: warm up, mental rehearsal	Exam questions – set on Arbor: https://midhurst-rother.uk.arbor	17 April 2025	
Week A	3.1.1 Participation rates in physical activity and sports and the impact on participation rates considering the following personal factors: gender, age, socio-economic group, ethnicity, disability	Exam questions – set on Arbor: https://midhurst-rother.uk.arbor	24 Apr 2025	
Week B	3.1.2 Interpretation and analysis of graphical representation of data associated with trends in participation rates	Exam questions – set on Arbor: https://midhurst-rother.uk.arbor	01 May 2025	
Week A	3.2.1 The relationship between commercialisation, the media and physical activity and sport	Exam questions – set on Arbor: https://midhurst-rother.uk.arbor	08 May 2025	
Week B	3.2.2 The advantages and disadvantages of commercialisation and the media for: the sponsor, the sport, the player/performer, the spectator	Exam questions – set on Arbor: https://midhurst-rother.uk.arbor	15 May 2025	
Week A	3.2.3 Interpretation and analysis of graphical representation of data associated with trends in the commercialisation of physical activity and sport	Exam questions – set on Arbor: https://midhurst-rother.uk.arbor	22 May 2025	
HALF TERM				