

Subject: Food Technology

Year group: 8

Independent Learning Termly plan – Autumn/Spring/Summer rotation

Week commencing	Topic area	Task description/link	Due date	Recovery curriculum ragging (KS3)
1	Cuisine around the world	Research a type of international cuisine that interests you. Present your findings as a word document. Use pictures along side the words to show the food.		
2	Religion food choice	Create a meal for a Muslim - it must be three courses, include drinks and take into account religious dietary needs		
3	Religion food choice	Research the importance of food in Judaism – what foods are eaten at which festivals. Product a word document, with the name of the festivals and the foods that they eat.		
4	Seasonality	Seasonality – create a calendar of seasonal foods. Find a food that is at its best quality, ready for eating in each month.		
5	Food Labelling	Find a label from a packet of food at home – explain what the label tells you eg where the food is from, what nutrients are in it, what is its best before date. Include the label or a photo of the label in your work.		