



# Midhurst Rother College

The best in everyone™

Part of United Learning

8 April 2022

Dear Parents and Carers

As a part of your child's education at Midhurst Rother College, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the next summer term (April to July), your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. RSE lessons in Year 8 will include teaching about: healthy relationships, including friendships, intimate relationships and valuing difference through rights and responsibilities, families; becoming more independent; keeping safe and consent; developing self-esteem and confidence. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website: [PSHE including Sex Relationship and Education Policy DRAFT.pdf \(mrc-academy.org\)](#) for more detail about our PSHE curriculum. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

As a school community, we are committed to working in partnership with parents. If you would like to find out more or discuss any concerns, please do not hesitate to contact me on: [heide.evans@mrc-academy.org](mailto:heide.evans@mrc-academy.org)

Yours sincerely

Heide Evans  
Subject Lead for PSHE



**Principal: Stuart Edwards**

Midhurst Rother College  
North Street  
Midhurst

West Sussex GU29 9DT

t 01730 812451

f 01730 813524

e [enquiries@mrc-academy.org](mailto:enquiries@mrc-academy.org)

[www.mrc-academy.org](http://www.mrc-academy.org)