

# Lunch Menu

This Menu is available on the following weeks, date commencing;  
21<sup>st</sup> January, 11<sup>th</sup> February, 4<sup>th</sup> March, 25<sup>th</sup> March

IF YOU HAVE A SPECIFIC ALLERGY OR DIETARY REQUIREMENT,  
PLEASE LET US KNOW.

| Week 1                               | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|--------------------------------------|---|---|--|--|--|
| <b>Main Meal</b>                     | Local Butchers Sausages or Quorn Sausages<br><br>Served with seasoned mashed potato or sweet potato mash, seasonal vegetables and onion or savoury gravy                          | <br><br>Chilli Con Carne or Vegetable Chilli<br><br>Mexican Vegetables<br><br>Served with a selection of side dishes | Traditional Roast Chicken<br><br>Served with stuffing & crispy roast potatoes<br><br><br>Macaroni Cheese topped with garlic mushrooms or roasted vegetables | <br><br>Beef Madras or Vegan Cauliflower, Sweet Potato & Spinach Curry<br><br>Served with rice, naan bread & a selection of side dishes | Catch of the Day<br><br>Served with lemon wedge & tartare sauce<br><br>Potato, Spinach & Feta Wellington |
| <b>On the Side</b>                   | Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer<br>Chips are served on Fridays                         |   |  |  |  |
| <b>Soup Station</b>                  | Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day  |   |  |  |  |
| <b>Pizza, Pasta &amp; Jacket Bar</b> | Pasta, & Jacket Potato<br>Add your choice of hot topping from our freshly prepared selection<br>Daily Pizza Selection<br>we will offer both meat and vegetarian choices every day |   |  |  |  |
| <b>Family Favourites</b>             | Vanilla sponge & vanilla sauce  | Warm chocolate & beetroot brownie with cream  | Toffee Apple crumble & custard   | Creamy Rice pudding & berry compote  | Fruity Flapjack & custard  |

A daily selection of fresh Grab &Go items are also available.  
Some dishes may vary and are subject to availability.

# Lunch Menu

This Menu is available on the following weeks, date commencing;  
7<sup>th</sup> January, 28<sup>th</sup> January, 18<sup>th</sup> February, 11<sup>th</sup> March, 1<sup>st</sup> April

IF YOU HAVE A SPECIFIC ALLERGY OR DIETARY REQUIREMENT,  
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| Week 2                               | Monday  | Tuesday  | Wednesday   | Thursday   | Friday  |
|--------------------------------------|---|--|---|--|---|
| <b>Main Meal</b>                     | Classic Beef Lasagne served with garlic bread   | <br>Marinated Chicken pieces Or Spicy Bean Burger | Chefs Roast Of The Day Pork or Turkey<br><br>Served with stuffing & crispy roast potatoes | <br>Chicken Tikka Curry or Charred Tikka Vegetables in a Folded Naan, Topped With Raita | Catch of the Day<br><br>served with lemon wedge & tartare sauce                       |
| <b>Vegetarian Main Meal</b>          | Roasted Vegetable Lasagne served with garlic bread  | Served with side dishes including wedges rice & garlic bread   | Baked Vegetable burrito with a cheesy crust   | Served with rice, naan bread & a selection of side dishes  | Vegan Vegetable Stir Fry Served with rice   |
| <b>On the Side</b>                   | Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer<br>Chips are served on Fridays |  |   |  |   |
| <b>Soup Station</b>                  | Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day                            |  |   |  |   |
| <b>Pizza, Pasta &amp; Jacket Bar</b> |    | Pasta, & Jacket Potato   |   |  |  |
|                                      | add your choice of hot topping from our freshly prepared selection<br>Daily Pizza Selection<br>we will offer both meat and vegetarian choices every day   |  |   |  |   |
| <b>Family Favourites</b>             | Apple & cinnamon strudel with custard   | Chocolate sponge & chocolate sauce   | Rhubarb & orange crumble with custard   | Carrot cake & cream cheese frosting  | American style pancakes with toppers  |

A daily selection of fresh Grab & Go items are also available.

Some dishes may vary and are subject to availability.



# Lunch Menu

This Menu is available on the following weeks, date commencing:  
14<sup>th</sup> January, 4<sup>th</sup> February, 25<sup>th</sup> February, 18<sup>th</sup> March, 8<sup>th</sup> April

IF YOU HAVE A SPECIFIC ALLERGY OR DIETARY  
REQUIREMENT, PLEASE LET US KNOW.

| Week 3                               | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  |
|--------------------------------------|---|---|---|--|---|
| <b>Main Meal</b>                     | Chefs Selection of beef, chicken or vegetarian Burger served in a bun   | <br>Chefs Selection Of Lebanese Street Food  | Roasted Gammon & Parsley Sauce<br><br>Served with crispy roast potatoes | <br>Turkey Korma or <i>Vegan</i> Vegetable Dhal | Catch of the day<br><br>Served with lemon wedge & tartare sauce                       |
| <b>Vegetarian Main Meal</b>          | Served with herby baked wedges & coleslaw   | Including Khobez wraps, salads & sauces   | <i>Vegan</i> savoury rice filled pepper, topped with salsa              | Served with rice, naan bread & a selection of sides  | Butternut squash & mushroom frittata  |
| <b>On the Side</b>                   | Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer<br>Chips are served on Fridays |   |   |  |   |
| <b>Soup Station</b>                  | Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day                            |   |   |  |   |
| <b>Pizza, Pasta &amp; Jacket Bar</b> |    | Pasta, & Jacket Potato<br>Add your choice of hot topping from our freshly prepared selection<br>Daily Pizza Selection<br>we will offer both meat and vegetarian choices every day |   |  |  |
| <b>Family Favourites</b>             | Chocolate & orange Muffin   | Vanilla shortbread & custard  | Spiced pear crumble & vanilla sauce                                     | Pineapple upside down pudding & custard  | Fairtrade Banana bread  |

A daily selection of fresh Grab & Go items are also available.  
Some dishes may vary and are subject to availability.