

WEEK ONE – Autumn Term



	Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Sausage and Mash with Onion Gravy	Chilli con Carne with Yucatean Rice	Roast Gammon, Gravy and Roasties	Paprika Chicken and Sri Lankan Dhal with Steamed Mixed Rice	Sustainably Sourced Battered Fish & Chips Or Grilled Sausage & Chips
MEAT FREE	Vegan Sausage and Mashed Potato with Onion Gravy (ve)	Chilli 'sin' Carne with Yucatean Rice (ve)	Quorn Roast, Gravy and Roasties	Roasted Coriander Aubergine & Sri Lankan Dahl w Steamed Mixed Rice (ve)	Cheese and Tomato Pizza and Chips
GRAB & GO	1. Bacon Roll 2. Pizza Baguette	1. Peri Peri Chicken Wings & Wedges 2. Pizza Bagel	1. Chicken Nuggets 2. Hash Browns	1. Chicken Burger 2. Pizza Baguette	1. Chips/ Cheesy Chips 2. Pizza Slice
VEG	Broccoli, Baked Beans, Mixed Salad, Rice	Fajita-spiced Sweetcorn and Peppers, Baked Beans, Mixed Salad	Country Mixed Vegetables, Baked Beans, Mixed Salad	Baked Beans, Garden Salad, Sri Lankan Veg Salad, Wedges	Peas, Baked Beans, Mixed Salad

EVERY DAY	Pizza Pasta Bar Jacket Potato (with Cheese and Beans) Paninis	Pizza Pasta Bar Jacket Potato (with Cheese and Beans) Paninis	Pizza Pasta Bar Jacket Potato (with Cheese and Beans) Paninis	Pizza Pasta Bar Jacket Potato (with Cheese and Beans) Paninis	Pizza Pasta Bar Jacket Potato (with Cheese and Beans) Paninis
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STAR DISH

MEAT FREE

GRAB & GO

VEG

Monday	Tuesday	Wednesday	Thursday	Friday
Classic Pasta Bolognese W Garlic Bread	Mexican Beef Rice Bowl with Crispy, Baked Tortilla, Lettuce and Salsa	Moroccan Chicken Tagine with Fluffy Cous Cous	Korean Sweet & Sour Chicken with Steamed Rice	Sustainably Sourced Battered Fish & Chips Or Oven Baked Chicken Nuggets & Chips
Spanish Omelette, Tomato Catalan Sauce and Garlic Bread	Mexican Quorn Rice Bowl with Crispy, Baked Tortilla, Lettuce and Salsa (v)	Moroccan Chickpea and Lemon Tagine with Cous Cous (ve)	Korean Sweet and Sour Vegetables with Steamed Rice (ve)	Cheese and Tomato Pizza & Chips (v)
1. Bacon Roll 2. Pizza Baguette	1. Peri Peri Chicken Wings & Wedges 2. Pizza Bagel	1. Chicken Nuggets 2. Hash Browns	1. Chicken Burger 2. Pizza Baguette	1. Chips/ Cheesy Chips 2. Pizza Slice
Peas, Roasted Cumin Carrots, Baked Beans	Green Beans, Sweetcorn, Baked Beans,	Baked Beans, Broccoli, Garden Salad	Asian Slaw, Garlic Green Beans, Baked Beans,	Peas, Baked Beans, Mixed Salad

EVERY DAY

Pizza Pasta Bar Jacket Potato (with Cheese and Beans) Paninis	Pizza Pasta Bar Jacket Potato (with Cheese and Beans) Paninis	Pizza Pasta Bar Jacket Potato (with Cheese and Beans) Paninis	Pizza Pasta Bar Jacket Potato (with Cheese and Beans) Paninis	Pizza Pasta Bar Jacket Potato (with Cheese and Beans) Paninis
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WEEK THREE – Autumn Term



	Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Jerk Chicken Drumstick, Rice and Peas	Chicken and Veg Enchilada with Warm Nachos	Penne Pasta Bolognese Bake	Spicy Chicken Jalfrezi with Rice	Sustainably Sourced Battered Fish & Chips
MEAT FREE	Cheese and Tomato "Pizza" Mac and Cheese, Crispy Onion topping	Mexican Vegetable Tostada (ve)	Mediterranean Vegetable Lasagne (v)	Roasted Cauliflower, Chickpea and Coconut Curry with Rice (ve)	Cheese and Tomato Pizza and Chips
GRAB & GO	1. Bacon Roll 2. Pizza Baguette	1. Peri Peri Chicken Wings & Wedges 2. Pizza Bagel	1. Chicken Nuggets 2. Hash Browns	1. Chicken Burger 2. Pizza Baguette	1. Chips/ Cheesy Chips 2. Pizza Slice
VEG	Baked Beans, Garden Salad, Garlic Green Beans, Garlic Bread	Baked Beans, Garden Salad, Roasted Sweetcorn, Wedges	Cole Slaw, Garlic Bread, Garden Salad, Baked Beans	Baked Beans, Sauté Garlic Green Beans, Asian Slaw	Peas Baked Beans, Mixed Salad

EVERY DAY	Pizza Pasta Bar Jacket Potato (with Cheese and Beans) Paninis	Pizza Pasta Bar Jacket Potato (with Cheese and Beans) Paninis	Pizza Pasta Bar Jacket Potato (with Cheese and Beans) Paninis	Pizza Pasta Bar Jacket Potato (with Cheese and Beans) Paninis	Pizza Pasta Bar Jacket Potato (with Cheese and Beans) Paninis
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